



# Authorization and Release

Circle One: Kids Fun Night / Party / Visiting Athlete / Other
--

### PRINTED NAMES OF PARTICIPANT(S)

1) \_\_\_\_\_ 2) \_\_\_\_\_  
 3) \_\_\_\_\_ 4) \_\_\_\_\_

I authorize Fun and Fitness Gymnastics (Gym) to consent to medical treatment for my myself, my child and/or child in my care (Participants) when I am unable to so consent. NO prior determination of life-threatening emergency or danger of serious or permanent injury resulting from delay of treatment need be under this authorization. Exceptions to this authorization are as follows:

---

### Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

In consideration of participating in the Gym, I represent that I understand the nature of this Activity and that Participants are qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue Fun & Fitness Gymnastics, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages, on my account caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations, and further agree that if, despite this release, waiver of liability, and assumption of risk, if I, or anyone on my behalf, make a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such claim.

<p><b>PARTY CLAUSE FOR ADULTS</b> - I understand that during parties I am <b>NOT</b> allowed to enter the gym <u>unless I am given specific safety instructions by the presiding coach</u>. This is for my own safety and protection. Any deviation will be my sole responsibility.</p> <p>I (<b>PRINT FIRST &amp; LAST NAME OF ADULT</b>) _____ understand I am not allowed to use the tumbling track, trampolines, or any other equipment at any time, and confirm I have been given safety instructions by the presiding coach.</p>
--

### CONSENT TO PHOTOGRAPH, FILM, OR VIDEOTAPE A PARTICIPANT FOR PUBLICITY AND MARKETING USE (e.g. print collateral, website, social media or other marketing purposes)

**Opt In**  
 I **hereby consent** to the participation in interviews, the use of quotes, and the taking of photographs, movies, or videos of the Participant(s) named herein by members of Fun & Fitness Gymnastics. I also grant Fun & Fitness Gymnastics the right to use said products for publicity and marketing purposes solely for the use of Fun & Fitness Gymnastics.

I understand that all photographs, films and videos using the image of the participant(s) mentioned above will strictly follow USA Gymnastics photography and media guidelines, U. S. Center for SafeSport policies and the Fun & Fitness Gymnastics Athlete Safety and Protection Policy.

**Opt Out**  
 I **do not give consent** to the participation in interviews, the use of quotes, or the taking of photographs, movies, or videos of the Participant(s) named herein above by members of Fun & Fitness Gymnastics.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

---

**Print: First & Last Name of Parent/Guardian/Adult Participant**

X \_\_\_\_\_ Date \_\_\_\_\_ Address: \_\_\_\_\_  
**Signature: (Parent/Guardian must sign if Participant(s) are under 18 years of age)**

Email: \_\_\_\_\_ Primary Phone # : \_\_\_\_\_